### **JAMES BURWELL**

Category: Player



Schools: Griffith High School

Lettered: Basketball

### **Achievements:**

1964 Team Captain

All Conference-Forsyth County 3A Conference

All Northwest N.C.

78.4 Free Throw Avg.

1965 Runner-up for W-S/FC Player of the Year

All Conference-Forsyth County 3A Conference

Tri-Captain of All Conference Team

Griffith-West Forsyth-North Forsyth

Avg. 27.1 ppg.

81% Free Throw Avg.

Shot 50% from the Floor

All Northwest N.C.

Scored 30 Points or More Nine Times Game High 43 pts.

### **MISSY BARSZ CARROLL**

Category: Player



School: Carver High School

Lettered: Softball

#### **Achievements:**

1995-1998 Varsity Starter-Softball

1997 MVP-Forsyth County Invitational Tournament

1997-1998 MVP-North Piedmont Conference

1997-1998 Coach's Award

1997-1998 Team MVP

1997-1998 Metro Conference-All Conference

1997-1998 Led Conference in Recorded Strike-Outs

ERA-A's Pitcher

1997 Batting Average .667

1998 Batting Average .540

1998 Carolina Thunder, Elite USSSA and ASA Team Member

1998 Try-Out Women's National Ice Hockey Team Lake Placid, N.Y.

# LOUIS JOSHUA (JOSH) HENIGHAN II

School: Parkland High School

Lettered: Basketball

#### Achievements:

#### **Sophomore Year (1992 – 1993)**

- Wins/Losses: 21-6 Central Piedmont 4A Conference Regular Season Co-Champions
- Frank Spencer Tournament Runner Up
- Frank Spencer All-Tournament Team
- Historically, One of first two sophomores named to the Frank Spencer All-Tournament Team
- Central Piedmont 4A All-Conference
- PHS Basketball Achievement Award: Best Defensive Player
- Total points scored: 276 points Scoring Average: 10.2 points/game Total Assists: 92

#### Junior Year (1993-1994)

- Wins/Losses: 26-5 North Carolina State 3A Runner Up
- North Carolina State 3A Sectional and Western Regional Champions
- Frank Spencer Tournament Champions
- Frank Spencer All-Tournament Team
- North Piedmont 3A Conference Tournament Champions
- North Piedmont 3A All-Tournament Team
- North Piedmont 3A All-Conference
- Winston-Salem Journal All-Northwest  $-2^{nd}$  Team
- Team Captain
- PHS Basketball Achievement Award: Most Valuable Player
- Total Points Scored: 466 points Scoring Average: 15.0 points/game Total Assists: 93
- N.C. High School Hoops Publication: Top 20 Juniors in NC

#### Senior Year (1994-1995)

- Wins/Losses: 21-7 North Piedmont 3A Conference Tournament Champions
- North Piedmont 3A All-Tournament Team
- North Piedmont 3A All-Conference
- Winston-Salem Journal All-Northwest 1st Team
- Team Captain
- PHS Basketball Achievement Award: Team Above Self
- Total Points Scored: 396 points Scoring Average: 14.1 points/game Assists: 90
- Selected to Charlotte Pro-Am High School All-Star Classic East/West Game

#### Career (1991-1995)

- Started every game of his career (Varsity and JV)
- Total Varsity points scored: 1,138 points
- Assists: 275
- Varsity Wins/Losses: 68-18
- Jr. Varsity Wins/Losses 18-2

#### College

University of North Carolina at Chapel Hill Jr. Varsity Basketball Team – 2 year starter



### **ANTHONY LEVINE**

Category: Player



School: R.J. Reynolds High School

Lettered: Football, Track and Field

### Achievements:

2003 — All Central Piedmont Conference – Football

2004 — All Central Piedmont Conference – Football

All Northwest – Football NC All State – Football

2005 — East-West All Star

All Central Piedmont Conference – Track and Field

All Central Piedmont Conference – Male Sprinter of the Year

All State Track and Field

Member of 4A State Champion Track Team

### Post High School

2005 — 2009 Tennessee State Football Team

2009 — Ohio Valley Conference Second Team

2010 — 2011 - NFL – Green Bay Packers – Super Bowl XLIV – Championship Team

2012 — Present – NFL – Baltimore Ravens – Super Bowl Champions

### **JACKIE JEROME MITCHELL**

Category: Player



**School:** Carver High School

Lettered: Football, Basketball, Track and Field

### **Achievements:**

1994	All Conference - Track and Field
	300 Hurdles
	Long Jump
	High Jump
1994	All Conference – Football
	All Conference – Basketball
1995	All Conference – Track and Field
	400 X 100 Relay – Conference Champions
	300 Hurdles, Long Jump, High Jump
1995	All Conference – Football
1995	All Conference – Basketball
	All Northwest NC Basketball
	MVP Carver High School
	East-West All Star

### **Post High School:**

1997-98	All Conference – Southern University
1998	All American – Southern University
2003-2005	Canadian Football League All Star
2003	Canadian Football League – Defensive Player of the Year

## T R RICHARDS

Category: Athletic Administration



School: West Forsyth High School

Athletic Director at West Forsyth from 2007 to 2014

### **Conference Championships**

Wrestling 2007
Softball 2008
Girls Swimming 2008
Boys Swimming 2009
Boys Tennis 2008
Boys Golf 2011
Girls Tennis 2011

Field Hockey 2009, 2010, 2011 Girls Soccer 2009, 2011, 2012, 2013, 2014 Boys Soccer 2009, 2010, 2011, 2012 Baseball 2010, 2013, 2014 Girls Basketball 2012, 2013, 2014

2007 Wrestling 4A State Runner up 2012 Girls Basketball 4A State Runner up 2014 Baseball 4A STATE CHAMPIONS

#### Facility Improvements:

New Football, Soccer, Lacrosse, and Field Hockey practice fields, and all new fields irrigated New Track

New Scoreboards at Football, Basketball, and Baseball

Supervised and approved all fund raisers.

Supervised 41 athletic teams

Mentored many of Winston Salem's new AD's

In 2015 was inducted to the Appalachian State University Education Hall of Fame, known as the Rhododendron Society.

### **CAROLYN BEESON RODDY**

Category: Player



School: Kernersville High School

Lettered: Basketball

#### **Achievements:**

1954-1955 Varsity Basketball

Scored winning baskets for team to win Forsyth County Championship Average 10 ppg.

1955-1956 Varsity Basketball

Average: 14 ppg.

1956-1957 Varsity Basketball

Player of the Week 44 points in one game Average 28 ppg.

1957-1958 Varsity Basketball

Team Co-Captain
Average 25 ppg.
Forsyth Tournament Player
All County
Female Athlete of the Year

### Post High School

Selected to Play Professional Basketball-Women's League (Virginia Beach Surf Queens) Carolyn chose to attend college instead playing professional basketball Appalachian State

### **LARRY RUCKER**

Category: Player



**School:** North Forsyth High School

Lettered: Basketball

### **Achievements:**

1975 – 1976 Team Co-Captain

Co - Team MVP

1976 All City / County Basketball

District 8 – All Conference District 8 – Player of the Year All Northwest NC – Basketball

All Northwest NC Player of the Year

District 8 – Scoring Leader City / County Scoring Leader

2014 Voted Member of North Forsyth High School Half

**Century Team**